

Relationships. Reputation. Results.

Our experienced team of experts provides individualized attention and customized solutions to achieve transformative results. WE ARE AJO

A.J. O'Connor Associates is a third generation family owned specialty HR Consulting firm created in 1983 and headquartered in New Jersey. Founded on core family values and a commitment to building strong, long-lasting partnerships, we approach our work with the confidence and expertise that only comes with four decades in the business.

BY THE NUMBERS

Since founded, AJO has partnered with 600+ organizations.

AJO proudly partners with a wide scope of organizations and range of industries that represent all the major Fortune 500 categories. We work with organizations of all sizes, needs, and budgets to develop high-performing teams and global leaders.

100+ Executive & Career Coaches 40+

Years of experience

20+ Countries Worldwide

Our services



Custom-designed business solutions for programs and projects designed to improve, evolve or transform an organization's culture, capability, talent and structure.

- On-Demand Interim HR Support
- Talent Acquisition & Management Strategies
- Compensation Philosophy & Structure
- Change Management
- Development of Mission, Vision & Values
- Diversity, Equity & Inclusion



Through personalized experiences, we unlock the full potential of your leaders and high potentials to drive sustained organizational change.

- Executive Coaching
- Leadership Coaching
- Team Coaching
- Peer Coaching
- Creating a Coaching Culture



Leveraging our extensive experience and knowledge of the job market, we help employees at all levels find new career opportunities faster and easier.

- RIF Consulting
- Individual Career Coaching
- Interactive Webinars
- Online Resources
- Networking Opportunities

Talent Development

Individual, team and leadership solutions designed to increase the knowledge, skills and behaviors to drive sustained organizational change.

- Leading Industry Assessment Capabilities
- High Performing Teamwork
- Talent Assessment
- Team and Leadership Workshops & Programs
- New Leader Assimilation



RESERO is a Level 2 ICF-Accredited Coaching Education Program designed to certify the next generation of executive coaches.

- Coaching Presence
- Coaching for Emotions
- Values-based Coaching
- Perspectives Coaching
- Active Listening
- Powerful Questioning

